

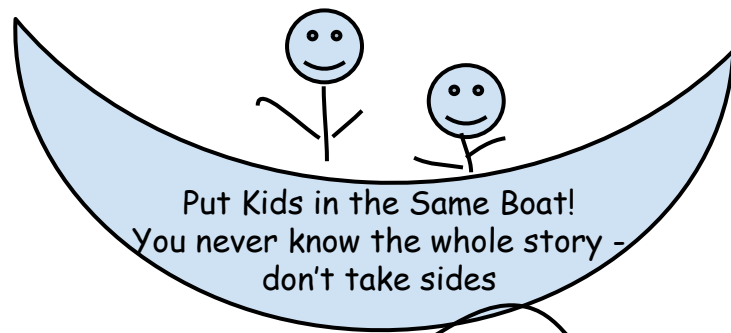
What parents can do, over and over and over again, to help children develop healthy relationships with siblings and others

What parents do to hurt sibling relationships (bulldozing the potential for healthy relationships)

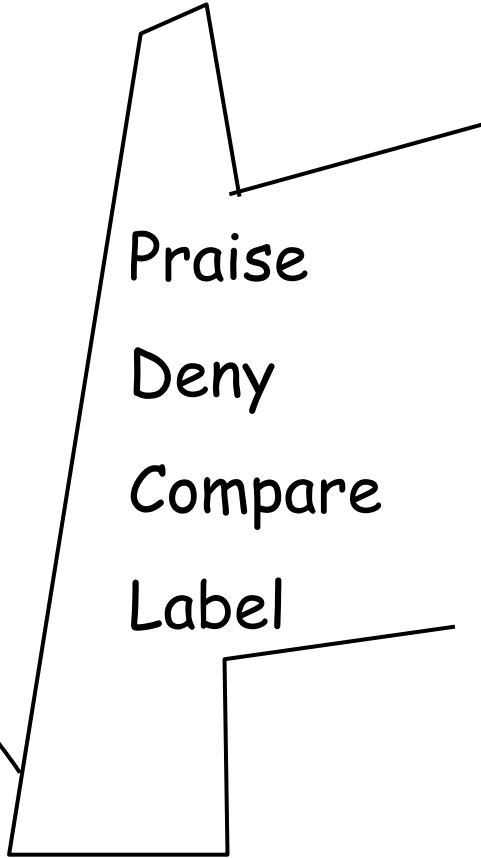
Describe what you see, feel or the problem

Acknowledge feelings
Remember children learn from conflict - teach life skills so you can stay out

Encourage by



Communicate family values, ethos and rules... again & again



- ★ asking questions
- ★ acting without words
- ★ taking time for training
- ★ providing special time
- ★ allowing natural consequences
- ★ teaching problem solving skills
- ★ correcting before correcting
- ★ being kind & firm at the same time

Growing healthy sibling relationships

Model healthy communication and relationships through self-regulation and holding family meetings

(where everyone gives and receives compliments and has a chance to practice problem solving)