

# Parenting With Positive Discipline

Do you find yourself saying or doing things you later regret?  
Join us for this 7 session series to learn a commonsense  
approach to parenting that really works!

Visit <http://lisafullercoaching.com/parenting-with-positive-discipline-class/>  
to learn more and register.

## What parents are saying about the class:

*"I am REALLY enjoying being a parent again. Thank you! We are more playful, more engaged with each other. I'm so grateful for you and the work you do. I took much of what I have learned and have begun using it to work with my son and my communications classroom! Very helpful!! "* --- Anastasia Prentiss, Ph.D., Oakland

*"I wish I had your class every Monday for the rest of my life!"* --- Rebecca, Oakland

**Dates:** 7 Wednesday evenings, Sept. 27, Oct. 4, 11, 18, 25, Nov. 1 & 8

**Time:** 6:30 - 8:30 PM

**Location:** Ann Martin Center, [1375 55th Street, Emeryville, CA](#)

**Fee:** Early bird: \$295 (\$225 for second caregiver). Fee includes Positive Discipline by Jane Nelsen and 40 page handout packet. **After August 27 --- \$325.**

**Registration:** Sign up on-line at <http://lisafullercoaching.com/parenting-with-positive-discipline-class/>. To pay by check, email [lisa@lisafullercoaching.com](mailto:lisa@lisafullercoaching.com) to confirm there is space. I will reply with confirmation and address to send ck.

**Instructor:** Lisa Fuller, M.S.W., Certified Positive Discipline Trainer, Certified Professional Coach, has been facilitating parenting classes in the East Bay for many years. She is a compassionate listener who is committed to empowering parents through Positive Discipline's common sense principles. Having three children ages 21, 18 and 10, Lisa is steeped in the challenges and joys of parenting. Lisa also offers one on one coaching for parenting and life! She is also a [Certified Daring Way™](#) Facilitator.



**Questions:** E-mail Lisa at [lisa@lisafullercoaching.com](mailto:lisa@lisafullercoaching.com).

**Financial Assistance:** Send email request for assistance to [lisa@lisafullercoaching.com](mailto:lisa@lisafullercoaching.com).

**Refund Policy:** A full refund is given if cancellation occurs two weeks prior to start of class. Within two weeks, participant **may apply fee to future series. No cash refunds** after series begins.