

# Parenting With Positive Discipline

Do you find yourself wishing you had more tools in your parenting toolbox?  
Join us for this 7 session series to learn a commonsense  
approach to parenting that really works!

[Learn more and register now!](#)

## What parents are saying about the class:

*"I am REALLY enjoying being a parent again. Thank you! We are more playful, more engaged with each other. I'm so grateful for you and the work you do. I took much of what I have learned and have begun using it to work with my son and my communications classroom! Very helpful!! "* --- Anastasia Prentiss, Ph.D., Oakland

## Here's what we'll cover in the class:

- how to genuinely empower your child
- why *traditional timeout* doesn't work and what to do instead
- the key to finding solutions and understanding punishment
- how to be kind and firm AT THE SAME TIME & results of parenting styles
- how to set effective limits, making agreements and following through
- your child's belief behind their misbehavior and goals of positive behavior
- easy tips for *effective communication* with your kids
- family meetings – a powerful tool, and more

**Dates:** **new dates** 7 Tuesday evenings, **March 28 - May 16** (No class April 11)

**Time:** 7:00pm - 8:30 PM

**Location:** Piedmont Community Church, 400 Highland Ave., Piedmont CA

**Fee:** \$360 (\$660 for two caregivers) Sliding scale available.

**Registration:** Sign up on-line at <https://simple.as.me/7weekPCC>.

**Instructor:** Lisa Fuller, M.S.W., Certified Positive Discipline Trainer, Certified Professional Coach, has been facilitating parenting classes in the East Bay for many years. She is a compassionate listener who is committed to empowering parents through Positive Discipline's common sense principles. Having three children, Lisa has been steeped in the challenges and joys of parenting. Lisa also offers [coaching for parents](#) and leads [writing circles](#). She is a [Certified Daring Way™](#) and [Wild Writing](#) Facilitator.



**Questions:** E-mail Lisa at [lisa@lisafullercoaching.com](mailto:lisa@lisafullercoaching.com).

**Refund Policy:** A full refund is given if cancellation occurs two weeks prior to the start of class. Within two weeks, participant **may apply fee to future series. No cash refunds** after series begins.